

THINGS YOU SHOULD KNOW AND IMPORTANT ABOUT JOB HUNTING IN JAPAN

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2026.4 updated

Things you should know and important about job hunting in Japan

1. Understand the schedule and rules of job hunting in Japan.
2. Where can I get information about job hunting in Japan?
3. Regarding Japanese language proficiency , let's learn about the business skills and work styles required for
4. Understand what Japanese companies expect from international students.
Learn about the necessary preparations and mindset for job hunting.
5. Visa for employment, job hunting after graduation
Let's understand the visa requirements.



1. Understand the schedule and rules of job hunting in Japan.



① Japanese university students **all graduate in March and start working simultaneously on April 1st.**

I will be hired . (In recent years, year-round recruitment has been gradually increasing, but the main Please understand that this refers to a mass employment system.

② In order to start working on April 1st, **you must find a job while you are still a student and be hired .**

You need to take entrance exams and interviews and receive a job offer from a company .

③ **Job hunting officially begins at the end of the third year of undergraduate studies or the first year of graduate school. on March 1st, which is 13 months before graduation.**

This is because the government is currently providing guidance

Under the existing rules , the employment of university students throughout Japan.This is the basic schedule for our activities .

However, in reality , job hunting, including internships, begins 18 months before graduation. Some people might be surprised to learn that if you come to Japan in April as a third-year undergraduate or first-year graduate student , you'll be starting job hunting immediately .

④ Major job hunting websites (Mynavi, Rikunavi, etc.)

Ritas, etc. is a highly influential media outlet, serving large corporations and medium-sized enterprises.

Many large companies use these in their recruitment activities. Job hunting methods, We provide a comprehensive service from internships and joint job fairs to job postings and applications to companies.

We provide services that enable students to effectively use job hunting.It is necessary.

⑤ Students from four-year universities are expected to apply for

If you are hired as a "combined employee," you will be transferred between departments and branches within the company, working across the entire organization.

You will learn about the business and become a manager in the future.

To that extent, companies stop recruiting new graduates for specific positions such as "sales" or "accounting."

There is a tendency for this to be the case. "Technical positions" and "specialized positions" are not included in generalist positions.

* Details regarding recruitment for "generalist positions" are provided on

2. Where can I get information about job hunting in Japan?

① Become a member of a job matching company for international students and actively seek out information

Let's gather and use them. **Connect Job Japan , Asia Link ,**

Well-known websites

Job referrals, job fair organization, resume writing guidance, interview practice

We provide support for students such as Xi Jinping. Japanese students can use this service.

a website that can't do that, it has an advantage.



② Most Japanese students become members and use **Mynavi, Rikunavi,** major job hunting websites such as **CareerTas .**

This site is attractive because of the large amount of information it provides, and it is also used by international students.



Things to be aware of when using

Q: Who uses the "Mynavi 2027 " website ?

**A : Those graduating in March 2027 and planning to start working in
Alternatively, those graduating in August 2026 may continue their job search
after graduation.**

If you want to start working in

**Those scheduled to graduate in March 2027 can become members of
"Mynavi 2028 " and participate in internships**

**There are cases where this is happening. You will never get a job offer
under these circumstances.**

**Hmm. (In Japan, basically, students participate in internships once they
become fourth-year undergraduate students or second-year graduate
students.)**

**(There is no additional charge.) Make sure you don't waste time by
going to the wrong entrance.**

website ② , make sure to check when you will be graduating!

Even on .Make sure to confirm whether it's a job posting.

I'm graduating in August 2026. So, Mynavi 2027
So I just need to become a member. To register as a member...
It's June 2025. After graduating in August 2026 , I'll be job hunting
Let's continue. I want to get a job as soon as I graduate,
but I'm a new graduate.It seems like not many companies hire in



③ Use

Hello Work is a job placement agency run by the Ministry of Health, Labour and Welfare of the Japanese government. It is located in all prefectures.

It is available to anyone living in Japan. Job postings at Hello Work are...

This mainly applies to small and medium-sized enterprises. All Hello Work offices nationwide provide the same information.

Therefore, for example, you can apply for a job in Hokkaido through the Hello Work office in Chiba Prefecture.

You can do things like this.

Search for jobs using the Hello Work Internet Service.

You can do this, but you may need to consult with someone or have an interview with a company.

In order to obtain a letter of introduction, you must go to the Hello Work office.

You need to go. In particular, in Yotsuya, Tokyo, there is a Hello Work office for foreigners, **"Tokyo Foreign Employment" a "Service Center"** . It has staff who speak foreign languages, and it assists foreigners with their work.

We provide support for your job search. We also hold job fairs and other events for international students.

Yes, we are located at : 13th Floor , Yotsuya Tower, Comore Yotsuya, 1-6-1 Yotsuya , Shinjuku-ku, Tokyo .

Job postings at Hello Work (public employment service) are available from June of the year before graduation (e.g., graduating

For those individuals, the introduction will begin in June



④ Utilize

Our staff will provide more detailed explanations of the information in this brochure. Of course, we also offer other information and support.



Individual support

Career guidance and job placement counseling

Resume writing guidance, interview practice

Information about work visas

Japanese Business Etiquette Instruction

**Please feel free
to contact us!**

Support for all international students

Implementation of job guidance and seminars

On-campus job fairs and interview sessions

Information dissemination about off-campus job fairs

Job posting

**Contact information is
on the last page.**

3. Regarding Japanese language proficiency, let's learn about the business skills and work styles required for

① First of all, **resumes must be written in Japanese.** (English)

(Some companies are OK with this.) Not only academic background, but also motivation for applying, self-introduction,

You will need to write about what you focused on during your student years. The written exam, aptitude tests such as SPI, **essay, and interview will all be in Japanese.** Prepare early and consult with the staff at the Career Development and Job Placement Center.

Let's work together on resumes and essays.

Writing and practicing for interviews let's.

② In Japanese companies, internal and customer communication is conducted in Japanese.

This is done (except for foreign companies). Therefore, **business etiquette such as honorifics is required.**

You need to have mastered **Bell**

Many companies require applicants to have



③ Participate in **an internship** . **The period from the summer break of your third year of undergraduate studies or first year of graduate school** until March, when companies officially begin their recruitment activities, is the time to participate. You can apply through job search websites such as Mynavi. Unlike internships in other countries, Japanese internships are short-term. They typically consist of company information sessions and tours lasting 1 to 5 days. One-day internships are called open company programs. Even though it's a short period, it's a valuable opportunity to market yourself to companies. Many students flock to internships at well-known companies, and you may not be able to participate, so apply early.

Many companies conduct discussions and workshops, which allow you to understand the industry, the company culture, and what they expect from their employees.

Let's (How to make a phone call in Japanese, business letter)
(Writing style, etc.) Clothing, makeup, hairstyles, etc., in Japan
Let's check if it's suitable for job hunting.



⑤ Let's understand the Japanese work style, specifically the terms

Full-time employee (lifetime employment)	Generalist positions	Specialized technical positions	Relocation is possible.	Health insurance	Bonus available	Work visa issued
Contract employee (fixed-term employment)	Sales positions, general office positions, retail positions	Specialized technical positions	No transfers	Health insurance	Bonuses are less than those for generalist positions.	Work visa issued
Temporary staff (fixed-term employment)	General office work, sales positions	Specialized technical positions	No transfers	Health insurance depends on the type of work and hours worked.	No bonus	Work visas are issued depending on the type of work and hours worked.
Part-time work (not formal employment) Those with other residence statuses can work up to 28 hours per week as "activities outside the scope of their status of residence."			No transfers	No health insurance	No bonus	Work visa It won't come out.

It is common for **liberal arts graduates to aim for generalist positions**. As explained on page 4, generalist positions are **for management candidates**. They involve **transfers and relocations**, which allows employees to learn various jobs within the company. These positions are basically lifetime employment, **allowing employees to work for** a long time without worrying about contract periods, and they are also entitled to "Generalist recruitment" is a system **where new graduates, who lack skills and experience**, are trained over a long period to become familiar with the company's unique business practices and develop into loyal **members**. **It can be said to be the core of Japan's "membership-based employment" business culture. Therefore, "potential" is valued more**

On the other hand, in other countries, **"job-based employment" is common, where people are recruited for specific jobs or positions such as sales or accounting**. In Japan, too, job changers have skills, so they can be hired for specific jobs and become permanent employees.

While you can still look for a job after graduation, the only chance for **someone without specific skills to be hired as a full-time employee or in a generalist position is while you're still a student.**

4. Understand what Japanese companies expect from international students. Learn about the necessary preparations and mindset for job hunting.

What companies look for in international students

Personality and communication skills

Possess business-level Japanese language proficiency

We value teamwork

I want to explain the industry and job description of the company and what I want to do at that company

Knowing what

To work for a long time and learn the company's operations
.potential



What international students hope for in a job

To work for a globally renowned company

Higher salary than in my home country

I don't know much about the company or the job, but I just want

After gaining 2-3 years of work experience in Japan, I want to use that experience to find a better job in my home country.

To obtain.



What international students should do to eliminate mismatches



① Research companies and industries.

(Attend company information sessions, research company websites , Companies have stores

If they exist, go and check them out, research rival companies, and look into the company's products.

Try it out, for example. Find out what the companies you want to work for are looking for in new employees. This is important.



② Get to know yourself.

(Strengths, areas for improvement, things I've studied, the thing I've worked hardest on in my life.) Qualifications and licenses you possess. How can you utilize these to contribute to the company? Ruka.)

Being able to speak a foreign language, having graduated from a four-year university or graduate school, That alone is not enough reason for a company to want to hire you.

Your major and your connection to your home country will be key factors in your selection process.

Examples of statements of motivation

① I am Vietnamese. Your company has a branch in Vietnam and conducts international business, so I applied because I would like to work for you and utilize my Vietnamese and Japanese language skills.

② Your company is a niche global company with a high global market share in acrylic resin products. I heard that you have a branch in my home country of Vietnam, and that it would be possible to work at the Vietnam branch in the future, which I see as a great opportunity, so I applied. Acrylic resin is more transparent and easier to process than glass, and is used in many displays. It is also easier to recycle than other materials and is environmentally friendly. The Asian economy is developing, but there is also a need to avoid environmental damage, so I would like to further spread your company's products in Asia and contribute to people's prosperous lives. I have a strong sense of challenge. At your company, I can challenge myself in a wide range of positions, from sales and quality control to business planning, so I believe I can quickly acquire the skills to become a manager in Vietnam.

You can tell which one is the motivation of someone who knows both the company and themselves.

Right. This is the kind of talent companies are looking for.

5. Visa for employment, job hunting after graduation

Let's understand the visa requirements.

There are several types of

① “Engineer/Specialist in Humanities/International Services” visa

Many foreigners seeking employment in Japan obtain this visa.

- **Technology** → Jobs that utilize science and engineering skills (IT programming, mechanical engineering, civil engineering, game development,

A person who does (etc.).

- **Humanities knowledge** → Marketing, accounting, and consulting in international business.

People who work in public relations, sales, etc.

- **International business** → Jobs that utilize the language, culture, and way of thinking of a foreigner (translation, interpretation, airline passenger services, etc.)

People who work as designers, in duty-free shop sales, etc.

★Important points

It's easy to understand that people who majored in science or engineering are issued a “technical” visa when they work in a “professional occupation.” That's good. **If someone who chose a humanities-related field is looking for a generalist position, they would need a visa for either “Humanities Knowledge” or “International Services.”** You need to choose a company that conducts business that is suitable for you. **The important point is that the company “hires recent graduates from overseas for positive reasons.”** Such companies will **properly provide you with a visa.** Job postings that say “International students welcome to apply” are also acceptable , but this may indicate that the company is not familiar with visas and is simply looking for manpower. They sometimes say this. It's a good idea to check with the company to find out “what kind of visa is required to work here?”



“Engineer/Specialist in Humanities/International Services” visa is for jobs related to your university major or your native language.

You can only get it if you work in a job related to culture. Therefore, if that’s not the case...

Even if you apply for a job, companies won’t necessarily offer you a position.

international students at JIU who apply for IT programmer positions and are rejected .

I failed the job application because it was in a field I wasn’t majoring in. (JIU is a liberal arts university.)

Even if you receive a job offer, the Immigration Services Agency may not grant you a “Technical, Humanities, and International Services” visa.

The possibility of issuing it is very low.

Graduates of Japanese Universities) : This means a person who has graduated from a Japanese university or graduate school.

* This visa is also known as “Visa

Using my high level of Japanese language proficiency, my experience as an international student in Japan, and the skills and knowledge I acquired at a Japanese university,

This visa is for people who do a wide variety of jobs. It is not permitted under the “Engineer/Specialist in Humanities/International Services” visa.

I can handle “general duties.” “General duties” include customer service in industries such as retail, food service, and hospitality, as well as manufacturing in factories.

This includes construction, nursing care, etc.

For example, in hotel jobs, people with this visa can work in restaurant service,

You can work in a variety of roles including weddings, room cleaning, and sales, but technical, humanities, and international affairs skills are required.

With a “work” visa, you can only work at the front desk.

People working on visa number 46 are also expected to be responsible for managing foreign employees and foreign technical trainees.

It’s work.

★Important points

To apply for this visa, you must have passed the JLPT N1 or scored



③ Specific Skill No. 1

Limited to jobs in 16 industrial sectors:

- ① Caregiving
- ② Building Cleaning
- ③ Food and Beverage Manufacturing
- ④ Construction
- ⑤ Shipbuilding/Marine Works
- ⑥ Automotive Maintenance
- ⑦ Aviation (Ground Handling)
- ⑧ Accommodation
- ⑨ Agriculture
- ⑩ Fisheries
- ⑪ Manufacturing
- ⑫ Food Service
- ⑬ Motor Transport
- ⑭ Forestry
- ⑮ Railways
- ⑯ Timber Industry

Visa eligibility requirements

Healthy people aged

JLPT Those who passed

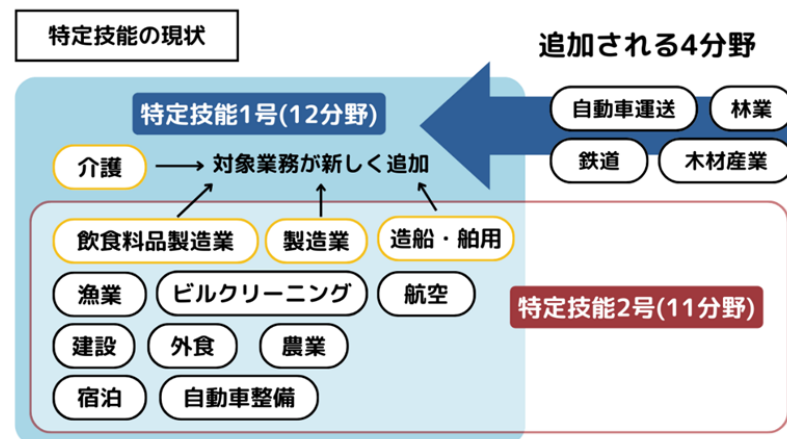
Skills evaluation test (by industry) pass rate

You don't need to It's okay if the job is unrelated to what I majored in at university.

You can work in Japan for a maximum of 5 years.
I cannot live with my family.

Physically active jobs

You must find employment through a recruitment agency called a Specified Skills Employment Agency.



A visa for job hunting after graduation = Designated Activities Visa (Job Hunting)

① In most cases, international students graduating in March will be there until around June, and those graduating in August until around November .

Often, there is still time remaining on the student visa. However, during that period , you must return home.

This is a period for preparation and changing to a different residence status.

In principle, you must return to your home country immediately after graduation.

② International students who **wish to continue the job-hunting activities they were doing before graduation after graduation can use the "Specific Activities Bicycle" option.**

You can apply for the "Job Hunting" (6 months) visa. **JIU is the** Immigration Services Agency.

We will issue

③ However, **international students who did not actively engage in job hunting while enrolled in school are eligible for "Specific Activities"**

You cannot apply for a visa.

④ In other words, **you cannot start job hunting after graduation.**

⑤ The meaning of "**actively engaging in job hunting**" is that they actually worked with several companies.

This means that they applied for the position, went through the employment test and interview, but did not receive a job offer.

Simply searching for job information, attending company information sessions, and submitting a resume is not enough to guarantee employment.

This will not be considered job-seeking activity. **JIU can verify that**
We have a rule that if you meet the criteria, we will issue a letter of recommendation.



⑥ **Exchange students and students enrolled in special programs are not eligible to apply for a Designated Activities visa.**

⑦ **A letter of recommendation can be issued twice.**

After graduation, you can stay in Japan for up to 12 months on a Designated Activities visa.

⑧ International students who wish to apply for a Designated Activities visa should contact the Career Development and Employment Center
 Please come.

⑨ **It may take 1 to 2 months from application to issuance of a Special Activities visa.**
You cannot work part-time while waiting for your benefits to be issued.

(Visa issuance requirements may change depending on social circumstances.)

Finding a job is tough! So let's make it easy!

(Conclusion)

① Gather accurate information.

(I won't use

Uni! If you have work experience, please consult with the employment center about what kind of

(That's lame.)

② Apply to companies that welcome international students or companies that employ foreigners.

(It's best to choose companies that don't require you to do the same things as Japanese applicants, such as those that don't have tests like SPI , or that don't require handwritten resumes. Many such companies participate in joint job fairs for international students .)

③ Understand your strengths as an international student.

(What can you do that Japanese people can't? If you know that, what kind of company would you work for?)

It will become clear what you need to do.

④ Let's think about why you failed.

(If we understand the reason, we can improve it.)

⑤ Don't suffer alone.

(There are many people who want to support you. Don't rely only on your friends from your own country.)



Support provided by the Career Development and Employment Center

- Career counseling.
- Providing information about job fairs and job opportunities.
- Proofreading of resumes, essays, etc. Staff members work with you to develop the content.
- Interview practice in Japanese.



Books on aptitude tests, written exams, interview techniques, etc., and Japanese newspapers (Nikkei, Sankei)

You can read it anytime.

We will provide instruction on business etiquette. (Clothing, makeup, hairstyle, how to make phone calls in Japanese, etc.)
(e.g., how to write a business letter)

- Computers and printers are available for use at any time.

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